Nature Journaling: Mushrooms Mary-Ellen Campbell



Why Nature Journal?

- To slow down
- To observe
- To discover
- To see
- To stimulate curiosity
- To remember



"I see no more than you, but I have trained myself to notice what I see" --Sherlock Holmes

Prompts to Deepen Observation

I notice

 Size, scale, location, color, interactions

• I wonder

- Why, what, where, when, who, how?
- It reminds me of
 - Physical looks, behavior, others of the species or not



Elements on your page

- Title, arrows, icons, bullets, boxes
- Date, time, location, weather
- when-time, season, how often
- what exists in a place
- how many-count, estimate
- measure-use ruler, map, magnifier
- image-zoom in, out, studies, sections, diagrams, patterns
- written descriptions of observations, feelings, thoughts, quotes

John Muir Laws website for books, videos, how to's, materials, workshops:

www.johnmuirlaws.com

Nature Journal Club Facebook page

THE LAWS GUIDE TO NATURE DRAWING and JOURNALING

Written and Illustrated by John Muir Laws



Use shapes to organize page layout

Add a shadow to any box.

A close-up or the view through a scope? Try tracing a coin or a bottle cap.

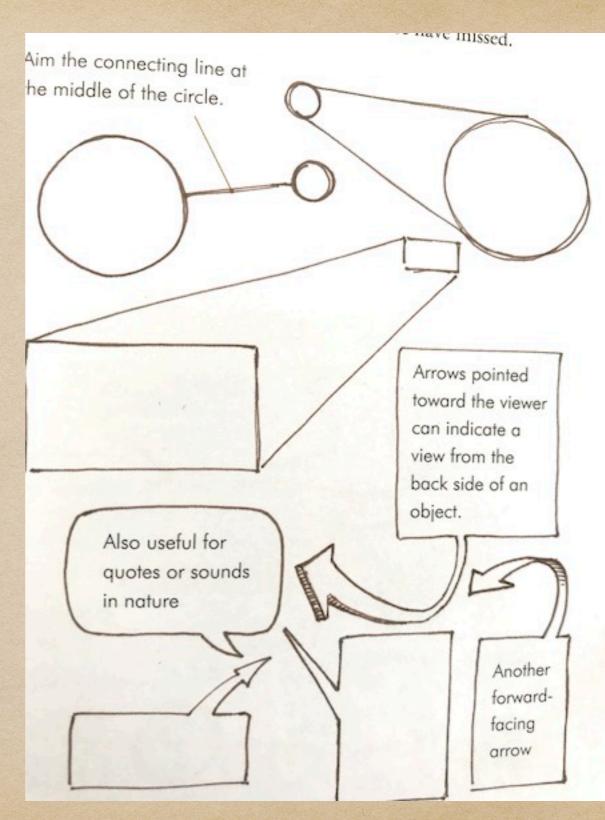
Try subtly rounding the corners. This was traced from a tin of Altoids Smalls. What do you have in your pocket?

Slightly overlapping corners give a drafting flair. Choose a box color that ties in to other elements on your page.

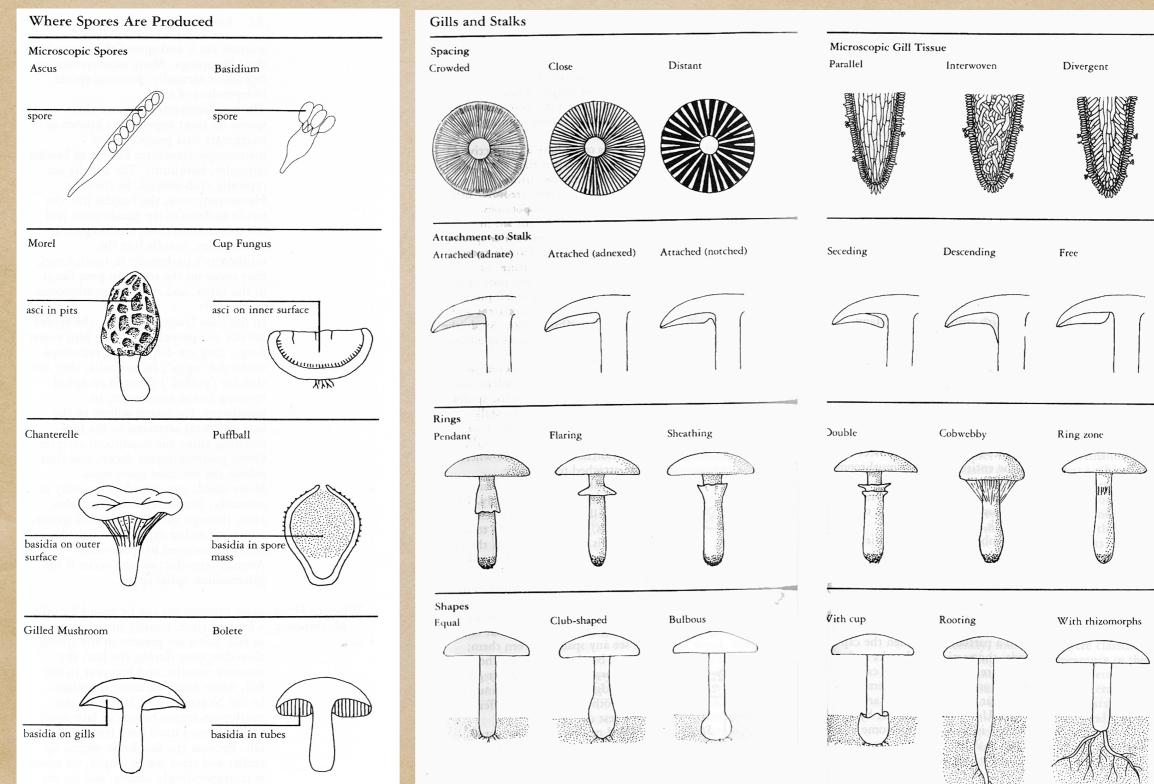
Warnings or second thoughts?

Callouts

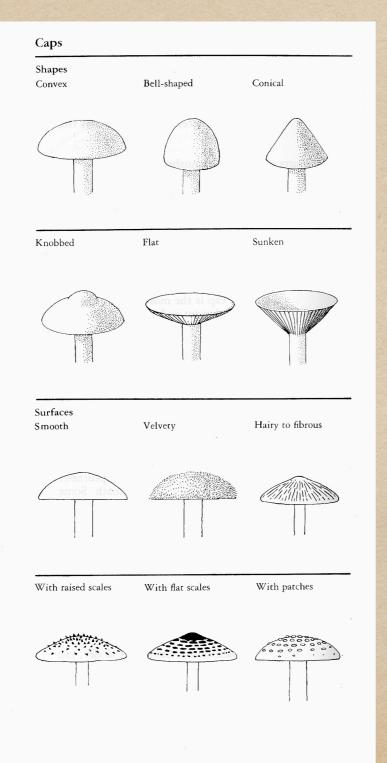
Use for sounds, quotes, details, magnifiers, to get our attention



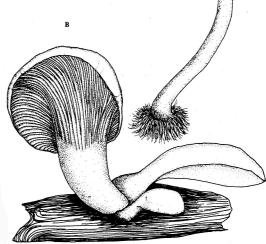
LEARN YOUR MUSHROOM ELEMENTS



Use different views for identification







Drawing Steps 1. Use blue or light pencil to draw simple shape and axis

Decide cap shape
Find the center of the
stipe
veins emerge from
center

DRAWING MUSHROOMS

Mushrooms are fungi, not plants. Their function is to spread spores for reproduction. They are beautiful, curious, and safe to touch.

THE MUSHROOM BLUEPRINT

I use a simple diagram to block in the basic shape of most mushrooms. Modify this plan to match the proportions of the specific mushroom you are drawing.

> When viewed from an angle, the round underside of the mushroom is an ellipse. Be sure to round the corners instead of making an eye shape.

2 Add the curve of the cap. Different species will have differently shaped caps. The cap shape also changes with age. Look carefully.

3 Draw crosshairs through the ellipse to find the center of the gill surface.

4 Draw a second ellipse over the intersection of the cross hairs. This is the base of the stalk. Drop the sides of the stalk from the corners of the central ellipse.

Draw lines from the center to the edge of the larger ellipse. These are the guidelines for the gills. Watch the angles of the gills on the back half of the mushroom. This is where most people make mistakes.

This blueprint can be used to show either the top or the underside of a mushrooi depending on lines you eras

THE NO. 1 MUSHROOM MISTAKE

Look at the two mushrooms below. There is something wrong with the gills on one of them. Can you pick it out?



The mushroom on the right is correct. All the gills point to the center of the cap. On the mushroom on the left, the gills point around the corners of the stalk, creating sunbursts on either side It is easy to make this mistake, so watch for it.

THE MUSHROOM TRICK

Lighter and

ess defined

alls on the

sides

You can see deeply into the cracks of the gills that point direch toward you; that orientation allows you to see deeper shadows. You cannot see between the gills that point to the sidet, so those plis are lighter and less distinct. Draw or paint deeper shadows on the dow side and in the back on either side of the stalk.

1. Draw simple outline in blue or light pencil. 2. refine and correct drawing in pencil. 3. Begin to put in details 4. Paint or color in with color pencíls. 5. refine edges in ink or dark pencíl. 6. Add comments.

MUSHROOMS STEP BY STEP

The angles of the gills help show the structure of the mushroom. A view that lets you peek under the cap helps show these critical details.



IRREGULAR CAPS

There is great variation in the shapes of mushroom caps. Notice how these guidelines diverge from the blueprint. Establishing the contours of the cap and the gills before adding any details helps you make a clean, deliberate sketch. These mushrooms follow the same procedure. Notice how the shape of the cap changes with different angles. As a mushroom gets older, the color of the gills and cap can change, and the cap also opens and flattens. Drawing multiple views and ages of the mushrooms you find will help you identify them and understand their progression. Look carefully on leaves directly below a mushroom, where you may find spores dropped from the gills above. The color of these spores is another important identification clue.

Not all mushrooms

have rings on the

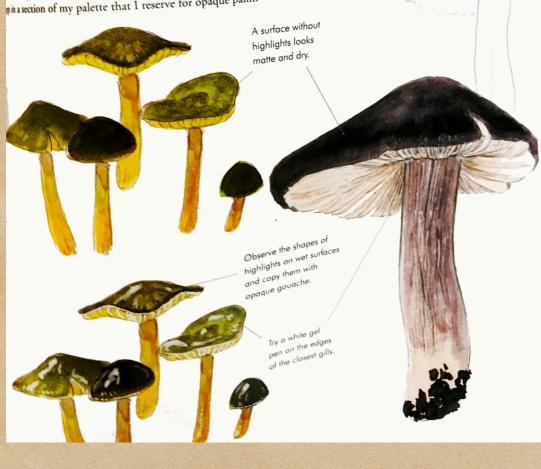
stalk. Be sure to

look carefully, as

they can be tricky to see on older mushrooms.

TAND SLIMY

use a mushroom look wet or slimy, overpaint it with specks or hofbight opaque white. I use Titanium White Gouache that gin a section of my palette that I reserve for opaque paint.







INTRICATE STYLES



Other Elements Develop icons or a shorthand for elements you repeat like: Weather Trees Environment Landscape Maps-symbols for direction, distance, local elements Type for titles, explanations, questions, arrows



PAGE ORGANIZATION HELPERS

There are lots of features you can add to a page to emphasize and organize observations and ideas. These can be added in the field or later when you review your notes.

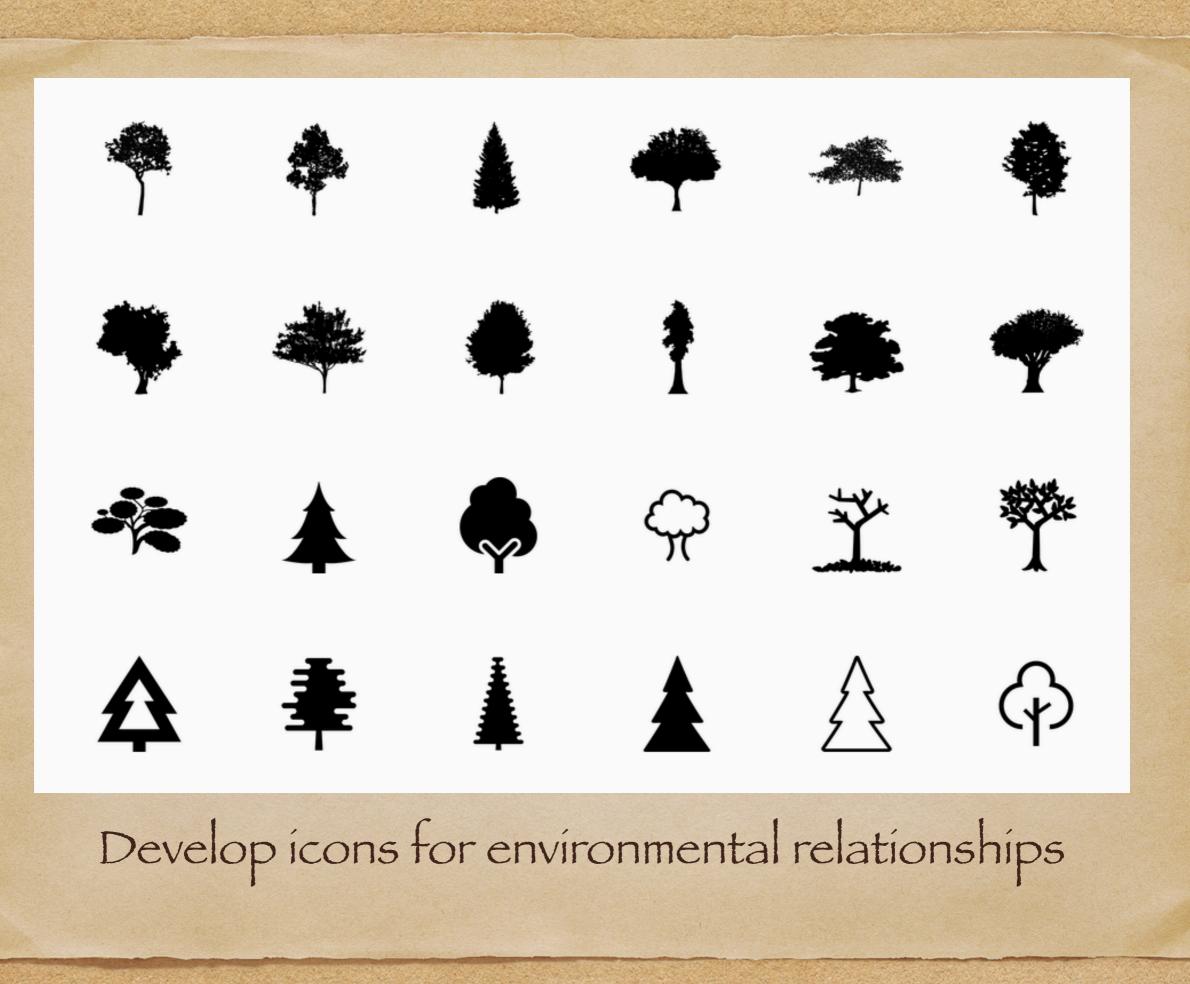


TITLE

When you finish a page of observation, review what you have observed and try to think of an appropriate title and perhaps a subtitle. Add the title in block letters, bubble letters (when was he last time you got to play with bubble letters?), marker, or alligraphy. You can be as simple or playful with letter design as you vish. You can make the title horizontal or vertical. Adding a title vill help you focus your thinking and look for major themes in your bservations, and it will help you find this section of notes easily a the future. Additionally, it will make it easier for other people anning your notes to get inside your head. or new observation, a bold question mark next to a question to indicate a description of sounds, or a magnifying glass by the scale of a magnified detail.



Icons are not mere aesthetic frills. Putting an exclamation per next to an observation acknowledges that this is something and helps shake us out of our know-it-already complacing highlighting questions embraces our curiosity. Take pride you do not know. Having an icon for things that you her actually prompt you to stop and listen more often. Icons are invitations to explore.





Non scientific Additions

Poetry Feelings about place, objects Thoughts, questions Sensations

