

## Descriptive list of teas

(Not full ingredient lists; if you have allergy issues and want a full ingredient list, please contact me)  
(All ingredients are either organic or wild crafted.)

### **Candy Cap Camomile Delight**

A blend of chamomile and honeybush, with carob and licorice, and candy caps. No caffeine.

### **Candy Cap Chai**

A mildly spicy chai, with cinnamon and candy caps in a black tea base. Caffeinated.

### **Candy Cap Mint**

A healthy blend of peppermint, spearmint and nettles, with carob, licorice and candy caps. No caffeine.

### **Candy Cap Thai tea**

Candy cap mushrooms in a black tea base, with thai tea spices: cinnamon, star anise, cardamom and vanilla, with annatto seed and turmeric for color. Does not have the orange color seen with artificial dyes. Caffeinated.

### **Chaga Rootbeer tea**

A blend of chaga mushroom with many of the barks and roots used in root beer. If you like rootbeer, you'll like this tea. Sweeten and add milk for a 'rootbeer float'. No caffeine.

### **Gamboni Chai**

An herby chai, of Boletus edulis in a black tea base (caffeinated) with cinnamon, ginger, turmeric, cloves and bay. About 1/3 black tea.

### **Herbal Candy Cap and Chaga Chai**

A complex spicy tea with chaga and candy cap, in a base of chicory, carob and cinnamon, with turmeric, cardamom and grains of paradise.

### **Lion's Brain tea**

A blend of lion's mane mushroom, brahmi (aryurvedic), ginkgo and rose hips in a base of cinnamon, chicory, and carob, with turmeric, licorice and ginger.

### **Mango Mushroom**

A blend of Mountain Rose Herb's Mango Ceylon tea with chaga, cinnamon and candy cap. Caffeinated. Has natural organic mango flavoring in the Ceylon tea.

### **Mushroom Rose tea**

A delicious flowery blend with 3 mushrooms: chaga, cordyceps and candy caps in a base of chicory, carob, cinnamon and rose petals, with red clover and cardamom. No caffeine.

### **Porcini Pu-Ehr**

A blend of an earthy Pu-Ehr tea and Boletus edulis. Caffeinated.

### **Triple Reishi tea**

A blend of domestic reishi with our two local reishi relatives, Ganoderma applanatum and Ganoderma oregonense in a chocolate base of cocoa shells, chicory, carob and licorice, with honeybush and turmeric. No caffeine.

### **Tummy Tonic**

A bit spicy, with turmeric and ginger, a small amount of black pepper to improve utilization of turmeric, and red belted conk, an anti-inflammatory for the digestive track. No caffeine.

### **Turkey Tail Chai**

An herbal, and hot/spicy herby chai containing turkey tail and gilled polypore mushrooms, both immune stimulants and anti-tumor, in a blend with turmeric, ginger, rosemary, bay and red pepper. No caffeine.